

LUZON ENHANCED COMMUNITY QUARANTINE BASIC DO's and DON'T's
Bulletin No. 1

• **MANDATORY HOME QUARANTINE FOR EVERYONE**

- Purpose is to contain the spread of the virus; prevent the virus from transferring from one place to another through a mobile host/carrier

DOs	DON'Ts
<ul style="list-style-type: none"> • Everyone must stay at home. 	<ul style="list-style-type: none"> • No classes at all levels. • No reporting for work in government and private sector, except for some exemptions.

• **WHO MAY GO OUT OF THEIR HOMES?**

Dos	DON'Ts
<ul style="list-style-type: none"> • Only one person per household would be allowed to buy/access basic necessities. <ul style="list-style-type: none"> ○ Barangay captains to check compliance. • Employees of establishments involved in the production, processing and distribution of basic necessities <ul style="list-style-type: none"> ○ Food (supermarkets, groceries, convenience stores, wet markets) ○ Pharmacies/Drug stores ○ Banks or remittance centers • PNP, AFP, and other uniformed personnel • Personnel involved in health work, border control, emergency and other mission-critical services. • Media with authorization from PCOO • ALWAYS BRING and present the following at designated checkpoints: <ul style="list-style-type: none"> ○ Identification Card; ○ Proof of residence ○ Certification of Employment ○ Delivery receipt for those transporting goods to and from the quarantine area; and ○ Authorizations or certifications, 	<ul style="list-style-type: none"> • Those who are most vulnerable should not go out. <ul style="list-style-type: none"> ○ Seniors (60 years old and above) ○ Those with pre-existing medical condition like cardiovascular disease, hypertension, diabetes, COPD, cancer and others ○ pregnant women • Do not ask non-exempted individuals to accompany you to your work place. • DO NOT LOITER • Do not intimidate or resist persons in authority. Always remain calm and respectful.

if applicable, issued by authorized government offices	
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• **WHAT OTHER ESTABLISHMENTS ARE OPEN?**

DOs	DON'Ts
<ul style="list-style-type: none"> • All basic utilities should continue to operate. <ul style="list-style-type: none"> ○ Water, electricity, internet, telecommunications • Other critical services should remain open. <ul style="list-style-type: none"> ○ Garbage collection ○ Funeral and interment services ○ Gasoline stations • Capital Market to open today (March 18) • Business Process Outsourcing (BPO/IT) and export-oriented establishments as long as they are provided temporary housing/shelter by their companies 	<ul style="list-style-type: none"> • Casinos, gambling places, including POGOS • Hotels shall not accept any new bookings.

• **MASS PUBLIC TRANSPORTATION**

DOs	DON'Ts
<ul style="list-style-type: none"> • LGUs and employers should provide point-to-point transportation for people authorized to report for work, specifically health workers. • Transportation from the airport may be provided by the DOTr or OWWA (for OFWs). • Walking or biking is allowed. 	<ul style="list-style-type: none"> • ALL public transportation are not allowed to operate, such as tricycles, pedicabs, taxis/Grab, jeepneys, buses, including MRT/LRT.

• **FLOW OF GOODS**

Dos	DON'Ts
<ul style="list-style-type: none"> • Movement of cargo via air, land and sea shall be unhampered. 	<ul style="list-style-type: none"> • Cargo trucks and vans should not be blocked from entering the ports, expressways or highways.

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• **EMPLOYEES IN THE PRIVATE SECTOR**

Dos	DON'Ts
<ul style="list-style-type: none"> • Employers are encouraged to adopt a work arrangement that will not require physically reporting for work. • Employers should extend financial help or assistance to their employees; may grant prorated 13th month pay. • DOLE and DSWD will provide social amelioration packages for those affected by the work stoppage. 	<ul style="list-style-type: none"> • Unless the company is engaged in basic necessities or services, employers should not require their employees to report for work. • Employers should not terminate their employees by reason only of not reporting for work because of the covid-19 situation.

• **EMPLOYEES IN THE GOVERNMENT SECTOR**

Dos	DON'Ts
<ul style="list-style-type: none"> • Employees in the executive branch should work from home, except those rendering emergency frontline services. • Those authorized to work should maintain only a skeletal force. 	<ul style="list-style-type: none"> • No travels/events/trainings allowed.

• **TRAVEL IN AND OUT OF THE PHILIPPINES**

Dos	DON'Ts
<ul style="list-style-type: none"> • Filipinos abroad can return to the Philippines anytime, including their foreign spouse and children. • Other permanent residents of the Philippines may also return. • All returning Filipinos and permanent residents from China, Hong Kong and Macau shall be subject to 14-day quarantine in a quarantine facility. All other returning Filipinos and permanent residents arriving in Luzon shall comply with mandatory home quarantine. 	<ul style="list-style-type: none"> • Filipinos who will go out as tourists to any destination shall not be allowed to leave the country. • No sendoff party will be allowed to accompany departing passengers.

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| <ul style="list-style-type: none">• OFWs, balikbayans, and foreign nationals will be allowed to leave the Philippines at any time, as long as their departure is 24 hours from the time they leave their homes or hotels. | |
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WE HEAL AS ONE!